

COMFORT KIT

Dear ECS Families,

Eastside Christian School takes a proactive approach to emergency and disaster preparedness. In the event of an emergency, our policy requires students to remain on campus--possibly for many hours--until we can safely release them to an authorized family/friend.

To help care for your child while on campus, ECS has emergency kits on hand containing a three-day supply of water, glow sticks, Mylar emergency blankets, emergency food rations, and moist towelettes. We need your help to provide a "Comfort Kit" that is personalized for your child alone.

Please fill and label a gallon-size Ziploc-style bag with the items below, and bring it to class on the 1st day of school. The kits will remain in classrooms until the end of the school year and then be returned to you. Due to limited space, everything must fit inside the sealed bag.

Our hope is that we can prepare now, in a calm and responsible manner, so that we can all feel more confident and comfortable in the event of an emergency. If you would like more information on how to prepare your family and your neighborhood for an emergency, please call the Bellevue Fire Department at (425) 452-7923.

Please include the following in your Comfort Kit:

- **Letter of Comfort** (See sample below)
- **Family Photo**
- **30-gallon Trash Bag or Poncho**
- **Warm hat**
- **1 Pair of Socks**
- **2 Non-perishable Food Items with expiration dates after the last day of school**
Ideas: Granola bars, canned juices, fruit cups, small packaged crackers, raisins, nuts, fruit roll-ups, etc. Remember to include utensils if needed. Small cans of juice store more easily than boxed drinks or drink pouches that sometimes leak. Canned foods should have easy-open lids.

Sample Letter of Comfort

Dear _____

Since you are reading this letter, there must have been an emergency while you were at school. Emergencies can be scary. The good thing is that they usually don't last very long. Things will get better soon.

Please try to be brave and even helpful if you can. We are trying to get to you, but may need to come slowly and cautiously. Please be patient. We love you and want to be with you. Know that God is with you and you can always find comfort in prayer.

Keep remembering that we love you, are praying for you, and are thinking about you every minute.

Love,
Mom and Dad